The Social Discipline Window

The underlying premise of Restorative Practices rests with the belief that people will make positive changes when those in positions of authority do things with them rather than to them or for them.

According to the Social Discipline Window, a restorative approach requires a balance of high levels of control/limit setting with high levels of support, encouragement, and nurture.

High control and Low support = Punitive/Authoritarian
Low control and Low support = Neglectful
High support and Low control = Permissive
High support and High control = RESTORATIVE